

SATURDAY - 18.05.2024

Breakfast at the Hofstatt hut

On Saturdays from 9 to 11 o'clock Patrizia prepares you for an adventurous day.
🕒 09:00 - 11:00 | 📍 Hofstatt cabin, Antholz Mittertal | 📞 Reservation required: T. +39 340 0596718

SUNDAY - 19.05.2024

Spring concert of the music band of Antholz Mittertal

🕒 20:00 - 21:30 | 📍 Antholz Mittertal culture house, Antholz Mittertal

MONDAY - 20.05.2024

Chapelwalk

Wonderful panoramic walk around Rasen, with a short prayer at each of the surrounding prayer sticks.
🕒 07:45 - 16:00 | 📍 Niederrasen

Family hike to the huts of Olang

🕒 10:00 - 15:00 | 📍 Piazza Floriani 19, Valdaora di Mezzo / Mitterolang |
📌 within Monday 9a.m. online or in the tourist offices | Fee: with Guest Pass Olang & Antholz € 5.-, otherwise € 15.- per person | € Chargeable | 📞 +39 0474 496 277

Kron Arc Adventure - archery for the family

Introductions at 1.00 p.m., 2.00 p.m. and 3.00 p.m. Plan approx. 3 hours for the archery.
🕒 13:00 - 14:00 | 📍 Rodelbahnweg 3, Info Stand Panorama - Valdaora di Sopra/Oberolang |
📌 within 5 pm. of the previous day online or in the tourist offices | Exclusive with Guest Pass Olang & Antholz Valley | € Chargeable | 📞 +39 0474 496 277

TUESDAY - 21.05.2024

Bees: a queen and her people | stroll to the beehive

Equipped with protective beekeeping clothing, you will have the opportunity to observe a bee colony and learn more about honey.
🕒 09:30 - 11:00 | 📍 Lorenz Leitgeb Straße 25, Antholz Mittertal |
📌 within 5 pm. of the previous day online or in the tourist offices | Fee: with Guest Pass Antholz & Olang € 10.-, otherwise € 20.- per person | € Chargeable | 📞 +39 0474 496269

Biathlon Stadium tour (In German language)

STADIUM TOUR
Past, Present, Future: The stadium in change
🕒 10:30 - 12:30 | 📍 administrative building, Antholz Obertal |
📌 within 5 pm. of the previous day at the Biathlon Worldcup committee, phone +39 0474 492390 or online: <https://reservation.biathlon-antholz.it/> (limited number of participants!) | Fee: € 18 per person | € Chargeable | 📞 +39 0474 492390

Kron Arc Adventure - archery for the family

Introductions at 1.00 p.m., 2.00 p.m. and 3.00 p.m. Plan approx. 3 hours for the archery.
🕒 13:00 - 14:00 | 📍 Rodelbahnweg 3, Info Stand Panorama - Valdaora di Sopra/Oberolang |
📌 within 5 pm. of the previous day online or in the tourist offices | Exclusive with Guest Pass Olang & Antholz Valley | € Chargeable | 📞 +39 0474 496 277

KIDS-HIGHLIGHT: Climb Adventure & Zipline

🕒 16:15 - 18:00 | 📍 Climbing area, Antholz Niedertal |
📌 within 5 pm. of the previous day online or in the tourist offices | Fee: with Guest Pass Olang & Antholz € 20.-, otherwise € 40.- per person | € Chargeable | 📞 +39 0474 496277

WEDNESDAY - 22.05.2024

Sunrise hike in Valdaora

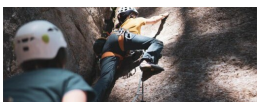
🕒 04:00 - 08:30 | 📍 Valdaora di Mezzo | 📌 within 5 pm. of the previous day online or in the tourist offices | Fee: with Guest Pass Olang & Antholz € 10.-, otherwise € 20.- per person | € Chargeable | 📞 +39 0474 496277

Kids climbing and Zipline for kids

Enjoy a great day at the climbing wall in Antholz Niedertal / Anterselva di Sotto.
🕒 09:30 - 13:30 | 📍 Near the fish pond, Antholz Niedertal |
📌 within 5 pm. of the previous day online or in the tourist offices | Fee: with Guest Pass Antholz & Olang € 20.-, otherwise € 40.- per child | € Chargeable | 📞 +39 0474 496269

Kron Arc Adventure - archery for the family

Introductions at 1.00 p.m., 2.00 p.m. and 3.00 p.m. Plan approx. 3 hours for the archery.
🕒 13:00 - 14:00 | 📍 Rodelbahnweg 3, Info Stand Panorama - Valdaora di Sopra/Oberolang |
📌 within 5 pm. of the previous day online or in the tourist offices | Exclusive with Guest Pass Olang & Antholz Valley | € Chargeable | 📞 +39 0474 496 277



Climbing for teenagers and adults

Mountain guide Martin helps you to try yourself on the climbing rock!

🕒 13:30 - 15:00 | 📍 Near the fish pond, Antholz Niedertal |

📌 within 5 pm. of the previous day online or in the tourist offices | Fee: with Guest Pass Antholzertal & Olang € 20.-, otherwise € 40.- per child | € Chargeable | 📞 +39 0474 496269



Season hike – exploring the use of herbs

🕒 14:00 - 17:00 | 📍 Florianiplatz 19, Valdaora di Mezzo / Mitterolang |

📌 within 5 pm. of the previous day online or in the tourist offices | Fee: with Guest Pass Olang & Antholz € 5.-, otherwise € 15.- per person | € Chargeable | 📞 +39 0474 496277

THURSDAY - 23.05.2024



Summit hike with Gilbert (Sambock)

Tour: parking Platten / Pfalzen (1.586) > path no. 66 A > Sambock (2.396) > back to the starting point

Walking time: approx. 5 h (there and back); Difficulty: easy

🕒 08:30 - 16:00 | 📍 Pustertal | 📌 within 5 pm. of the previous day online or in the tourist offices | Fee: with Guest Pass Antholzertal & Olang € 10.-, otherwise € 15.- per person |

€ Chargeable | 📞 +39 0474 496269



Biathlon Stadium tour (In German language)

STADIUM TOUR

Past, Present, Future: The stadium in change

🕒 10:30 - 12:30 | 📍 administrative building, Antholz Obertal |

📌 within 5 p.m. of the previous day at the Biathlon Worldcup committee, phone +39 0474 492390 or online: <https://reservation.biathlon-antholz.it/> (limited number of participants!) | Fee: € 18 per

€ Chargeable | 📞 +39 0474 492390



Bread baking course for the family

🕒 11:00 - 15:00 | 📍 Schlosserhof, Valdaora di Sopra / Oberolang |

📌 within 5 pm. of the previous day online or in the tourist offices | Fee: with Guest Pass Olang & Antholz € 5.-, otherwise € 15.- per person | € Chargeable | 📞 +39 0474 496277



The centrepiece of the Ansitz Heufler: visit of the "Hearnstube" parlour

The "Hearnstube" is considered one of the most beautiful Renaissance parlours in the entire Alpine region.

🕒 16:30 - 17:00 | 📍 Ansitz Heufler, Oberrassen | 📌 within 10 am. at Ansitz Heufler, T. +39 0474 790200 | free admission | Duration: 20 min. | 📞 +39 0474 790200



Herbal laboratory for beginners

Our herbal expert shows you how to do: Sports and muscle ointment; Vanilla lip balm; Herbal juice; Herbal vinegar and Herb salt.

🕒 17:00 - 18:30 | 📍 Recreational park, Niederrassen |

📌 within 5 pm. of the previous day online or in the tourist offices | Fee: with Guest Pass Antholzertal & Olang € 18.-, otherwise € 30.- per person | € Chargeable | 📞 +39 0474 496269



Sport shooting

🕒 19:00 - 22:00 | 📍 Arts centre Antholz Mittertal / Anterselva di Mezzo, Antholz Mittertal / Anterselva di Mezzo | 📌 Registration is necessary! Passler Markus tel. +39 347 3131069 |

📞 +39 347 3131069

FRIDAY - 24.05.2024

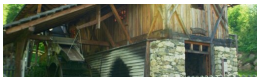


Traces of time: a historical discovery tour with a visit to the bunker

Leisurely walk to historical locations in Niederrassen.

🕒 12:00 - 14:30 | 📍 Niederrassen | 📌 within 5 p.m. online or in the tourist offices | Fee: with Guest Pass Antholzertal & Olang € 5.-, otherwise € 10.- per person | € Chargeable |

📞 +39 0474 496269



Old handicraft - Visit of the old sawmill "Lipper"

🕒 17:00 - 19:00 | 📍 Sawmill Lipper, Valdaora di Sopra / Oberolang |

📌 within 5 pm. of the previous day online or in the tourist offices | Fee: with Guest Pass Olang & Antholz € 5.-, otherwise € 15.- per person | € Chargeable | 📞 +39 0474 496 277

SATURDAY - 25.05.2024



Breakfast at the Hofstatt hut

On Saturdays from 9 to 11 o'clock Patrizia prepares you for an adventurous day.

🕒 09:00 - 11:00 | 📍 Hofstatt cabin, Antholz Mittertal | 📌 Reservation required: T. +39 340 0596718



Fruit Garden Antholzertal - harvest your food!

🕒 14:00 - 18:30 | 📍 Antholz valley | 📞 +39 0474 496269

SUNDAY - 26.05.2024



Fruit Garden Antholzertal - harvest your food!

🕒 09:00 - 16:00 | 📍 Antholz valley | 📞 +39 0474 496269

INFORMATION



MARKETS

> **WEEKLY MARKET** | BRUNICO | Municipal square
every Wednesday | 08.00-13.30

> **FARMER'S MARKET** | BRUNECK | Municipal square
every Friday | 08.00-12.30

HUTS in the Antholz Valley

- > **HOFSTATT ALM** | Antholz Niedertal
T. +39 340 0596718 | closed on Mondays
- > **KUMPFL ALM** | Antholz Niedertal
T. +39 333 5473889 | closed on Fridays
- > **BERGER ALM** | Antholz Mittertal
T. +39 345 5949542 | closed on Wednesdays
- > **EGGERHÖFE** | Antholz Mittertal
T. +39 0474 493 030 | closed on Mondays
- > **HUBER ALM** | Lake Antholz
T. +39 379 2732356 | closed on Wednesdays
- > **TIROLER HÜTTE** | Lake Antholz
open only on Fri + Sat + Sun
T. +39 348 8424337
- > **ENZIANHÜTTE** | Lake Antholz
T. +39 340 059 96718 | closed on Tuesdays
- > **PLATZL AM SEE** | Lake Antholz
open from Saturday til Monday
T. +39 349 621 0987
- > **ALPENGASTHAUS OBERSEE** | Staller Saddle
T. +43 680 1182971 | closed on Mondays

GUEST PASS/MUSEUMOBIL

with the Guest Pass Antholztal/museumobil you can visit over **80 museums** in South Tyrol **free of charge**.

Further inclusive services: antholztal.guest.net

LEISURE TIPS

- > **MINIGOLF** | Niederrasen - leisure park
10 a.m. - noon & 2.30 - 7 p.m.
- > **TENNIS** | Niederrasen
every day | Information: T. +39 340 2486928
- > **FISH POND** | Antholz Niedertal
closed on Mondays
- > **KRON ARC ADVENTURE - Archery Parcours** | Oberolang
daily 9.30 a.m. - 7 p.m.
- > **KIDS AREA PANORAMA** | Oberolang
daily 9.30 a.m. - 7 p.m.
- > **REIERHOF** | St. Magdalena/Gsies
10 a.m. - 6 p.m. | closed on Mon + Tue
- > **WILDLIFE PARK** | Toblach
Sat + Sun 10 a.m. - 4 p.m.
- > **FLY-LINE** | Sand in Taufers
11 a.m.-5 p.m. | open only on Sat+Sun+Mon
- > **HIGH-WIRE CLIMBING GARDEN "Kron Action"** | Issing/Pfalzen
1-5 p.m. | closed on Wed+Fri
- > **INDOOR POOL & SAUNA Cron4** | Reischach/Bruneck
every day 10 a.m. -10 p.m.

RESTAURANT AND BAR IN ANTHOLZ VALLEY

- > **HOTEL BRUNNERHOF** | Niederrasen
T. +39 0474 496244 | no day of rest | open only for lunch
- > **PIZZERIA WILLI** | Niederrasen
T. +39 0474 496529 | closed on Wednesdays
open only for dinner
- > **HOTEL ALPENHOF** | Niederrasen
T. +39 0474 496451 | no day of rest
- > **ANSITZ GOLLER** | Niederrasen
T. +39 0474 498431 | closed on Mondays
open only for dinner
- > **HOF SCHÄNKE DORFMÜLLER** | Antholz Niedertal
T. +39 0474 492165 | no day of rest
open only for dinner with reservation!
- > **BERGHOTEL JOHANNESHOF** | Antholz Mittertal
+39 0474 868333 | no day of rest
Restaurant open for lunch and dinner (by reservation only).
- > **SANTESHOTEL WEGERHOF** | Antholz Mittertal
+39 0474 492130 | no day of rest
- > **RESTAURANT PIZZERIA AM ANGER** | Antholz Mittertal
T. +39 0474 492333 | closed on Tuesdays
- > **EGGERHÖFE** | Antholz Mittertal
T. +39 0474 493 030 | closed on Mondays
Restaurant open for lunch and dinner (by reservation only).
- > **RESTAURANT, PIZZERIA, BAR CAMPING ANTHOLZ**
Antholz Mittertal
T. +39 0474 492444 | closed on Thursdays
- > **HOTEL RESTAURANT BAR SEEHAUS** | Lake Antholz
T. +39 349 0027583 | no day of rest
- > **SPORTHOTEL WILDGALL** | Antholz Obertal
T. +39 0474 492136 | no day of rest

CAFÈ, BAR & SNACKS

- > **CAFÈ BAR PROSECCO** | Niederrasen
T. +39 0474 496211 | closed on Wednesdays
- > **BAR ANSITZ HEUFLER** | Oberrasen
T. +39 0474 790200 | closed on Mondays and Tuesdays
open from 3 pm. - 9 pm. | on Sundays 10.30-12.30 & 17.00-22.00
- > **FISH POND** | Antholz Niedertal
T. +39 342 5354354 | closed on Mondays
- > **CAFÈ SANKT WALBURG** | Antholz Niedertal
T. +39 0474 492180 | closed on Tuesdays
- > **FALKENSTEINER HOTEL ANTHOLZ** | Antholz Obertal
T. +39 0474 494 520 | no day of rest

BUS & TRAIN TIMETABLES

Access real-time data:

www.suedtirolmobil.info/eng



Time | Venue | Application required | Chargeable | Contact

Tourismusverein Antholztal

Via Rasun di Sotto 35 F, 39030 Valle Anterselva
Tel. +39 0474496269 | <http://www.antholztal.com>

Valle Anterselva

For more Information:
antholztal.guest.net

